



NORTH CASCADES CREW

FLOAT TEST

Please print rower's name: _____

Rowing Swim / Float Test (wearing t-shirt and shorts):

- Tread water for 10 minutes
- Float for 2 minutes
- Put on a Personal Floatation Device while in the water

This certifies that the applicant named above has satisfactorily completed the North Cascades Crew Float Test.

Signature of Examiner: _____ Date: _____

Print Examiner's Name: _____

Title: _____

Pool Location: _____

- This form is required of all North Cascades Crew Masters, Junior and Learn to Row members.
- You will not be allowed on the water unless it has been completed and on file.
- The Examiner must be a certified lifeguard

Here are some locations that you can get the float test performed. Please call them for information.

Lake Stevens High School Pool
2908 113th Ave NE, Building 700
Lake Stevens, WA 98258
425-335-1526

Snohomish Aquatic Center
516 Maple Ave.
Snohomish, WA 98290
360-568-8030

*****THIS TEST IS TAKEN IN SHORTS & T-SHIRT, SO BRING A CHANGE OF CLOTHES!*****